SOUTH PARK HIGH SCHOOL LUNCH MENU

FEBRUARY 26 - MARCH 22

Mr. Brandon Smoker Food Services Director (412) 655-3111, extension 2930 brandon.smoker@sparksd.org

	Feb. 26	Feb. 27	Feb. 28	Feb. 29	March 1
Blue & White Entree	Breakfast for Lunch	Chicken Alfredo w/ Penne	Philly Cheesesteak	Chicken & Cheese Quesadilla	Cheese Raviloi w/ Breadsticks
Grille Feature	Boneless Wings	Jumbo Hot Dogs	Chicken Nuggets	BBQ Pork Sandwich	Spicy Chicken Sandwich
Pizza	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni
Grab & Go Deli	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps

	March 11	March 12	March 13	March 14	March 15
Blue & White Entree	Delux Chicken Sandwich w/ Tots	Philly Cheesesteak	Baked Ziti w/ Meat Sauce	Boneless Wings w/ Carrots & Celery	Pierogies w/ mixed veggies
Grille Feature	Cheese Burgers	Chicken Sandwich	Chicken Nuggets	Mini Corn Dogs	Spicy Chicken Sandwich
Pizza	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni
Grab & Go Deli	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps

	March 4	March 5	March 6	March 7	March 8
Blue & White Entree	Chicken Tenders w/ Corn	Italian Hoa- gies w/ Chips & Soup	Meatball Hoagies	Chicken Sliders w/ Fries	Max Pizza Sticks
Grille Feature	Cheese Burgers	Chicken Sandwich	Chicken Nuggets	Mini Corn Dogs	Spicy Chicken Sandwich
Pizza	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni
Grab & Go Deli	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps

	March 18	March 19	March 20	March 21	March 22
Blue & White Entree	Chicken Tenders w/ Buttered Noodles	Meatballs w/ Bread Sticks	Breakfast for Lunch	Chicken Sandwich w/ Baked Chips	Macaroni & Cheese w/ Stewed Tomato
Grille Feature	Cheese Burgers	Chicken Sandwich	Chicken Nuggets	Mini Corn Dogs	Spicy Chicken Sandwich
Pizza	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni
Grab & Go Deli	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps

What Makes A Meal?

A student must take 3 of the 5 components to make a meal under the National School Lunch Program.

1. Grains

2. Vegetables

3. Fruits

4. Dairy

5. Meat/Protein Alternative

A student <u>must take</u> a fruit or a vegetable.

Meal Prices

SPHS Lunch Price \$2.70 Reduced-Price Lunch \$.40

Free & reduced-price meal applications available on sparksd.org

Reminders

Salad Bar Available Daily

A la carte items are not included with free or reduced-price meals.

Daily Milk Choices

Low Fat White Fat Free Chocolate

USDA is an equal opportunity provider and employer.

Menus Subject to Change.